

Transitional Age Youth Recreation Calendar - Recreation Program

JANUARY 2020

TAY Program Goal:

To provide engaging and meaningful activities for young adults with a developmental disability that helps them build healthy active living and social growth opportunities as they transition into adulthood.

Program Hours:

Program **Start Times** vary depending on the specific program. Here are the time of day ranges that the program could start between:

Morning: 8:00am – 11:59am

Mid Afternoon: 12:00pm – 2:59pm

Late Afternoon: 3:00pm – 7:00pm

Orange: Limited space available

Red programs will be invite only, and will have specific itineraries.

Contact:

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 New Year's Day Office Closed	2 YMCA Workout (At event 10:00) Cultural Activity (Office 1:00)	3 Cribbage Tournament (Office 2:00) Belleville Senators (At Event 6:00)	4
	5	6	7 Volunteering (Office 12:30) Movie Night (TBD on Day)	8 Science Hour (Office 10:00) Bowling (Office 12:30) YMCA Workout (At event 3:30)	9 Royal Ontario Museum (TBD in Itinerary)	10 Women's Day Program (At Event 10:00) Belleville Curling (Office 1:00)	11 TAY Breakfast (Office 9:00) Alternate Movie (Office 11:00)
	12	13 Coffee and Cards (Office 8:30) Swimming at QWS (At event 10:45) YMCA Workout (At Event 2:00)	14 Skating at QWS (At Event 12:45) Movie Night (TBD on Day)	15 Volunteering (Office 8:00) Bowling (Office 12:30)	16 Snow Tubing (Office 9:00)	17 YMCA Workout (At Event 10:00) Belleville Curling (Office 1:00)	18
	19	20	21 Volunteering (Office 12:30) Movie Night (TBD on Day)	22 Coffee and Cards (Office 10:00) Bowling (Office 12:30) Board game Social (Office 3:00)	23 YMCA Workout (At Event 1:00) Raxx Pool and Wings (Office 3:00)	24 Brantley Gilbert concert (TBD in Itinerary)	25 Skiing At Batawa (Office 10:00)
	26	27 Coffee and Cards (Office 9:00) Swimming at QWS (At event 10:45) YMCA workout (At event 2:00)	28 Skating At QWS (At Event 12:45) Movie Night (TBD on Day)	29 Bowling (Office 12:30) Men's Day Program (Office TBD) Poker Night (Office 3:00)	30 Skiing At Batawa (Office 10:00)	31 YMCA Workout (At Event 10:00) Belleville Curling (Office 1:00)	